

Purification & Lifestyle Modification Program

THE PURIFICATION DIFFERENCE.

This 28-day program will allow you to cleanse your body of the toxins that may be preventing you from enjoying a vibrant, healthy lifestyle.

By dedicating yourself to the guidelines of a recommended program established through experience and research, you will maximize your results of the program & modify undesirable habits.

Benefits you may enjoy:

- Increased Energy/Vitality
- Lowered Cholesterol
- Weight Reduction
- Improved Digestion
- Improved Physical Appearance
- Removal of Food Addictions
- Clearer Thinking
- Improved PMS Symptoms
- Decreased Headaches
- And More!



This program consists of the following and can be tailored to fit your individual needs:

- Pre & Post Assessment
- Program Guide & Support
- Expert Nutritional Guidance
- Nutritional Supplements
- Compilation of Healthy Recipes
- Whole Body Vibration Workout
- Motivational Support
- 6 Full Spectrum Infrared Sauna Sessions

**IT IS POWERFUL, EFFECTIVE, AND
REWARDS YOU WITH IMPROVED HEALTH
AND FUNCTION THAT IS LONG LASTING!**

Take charge of your LIFE today!

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